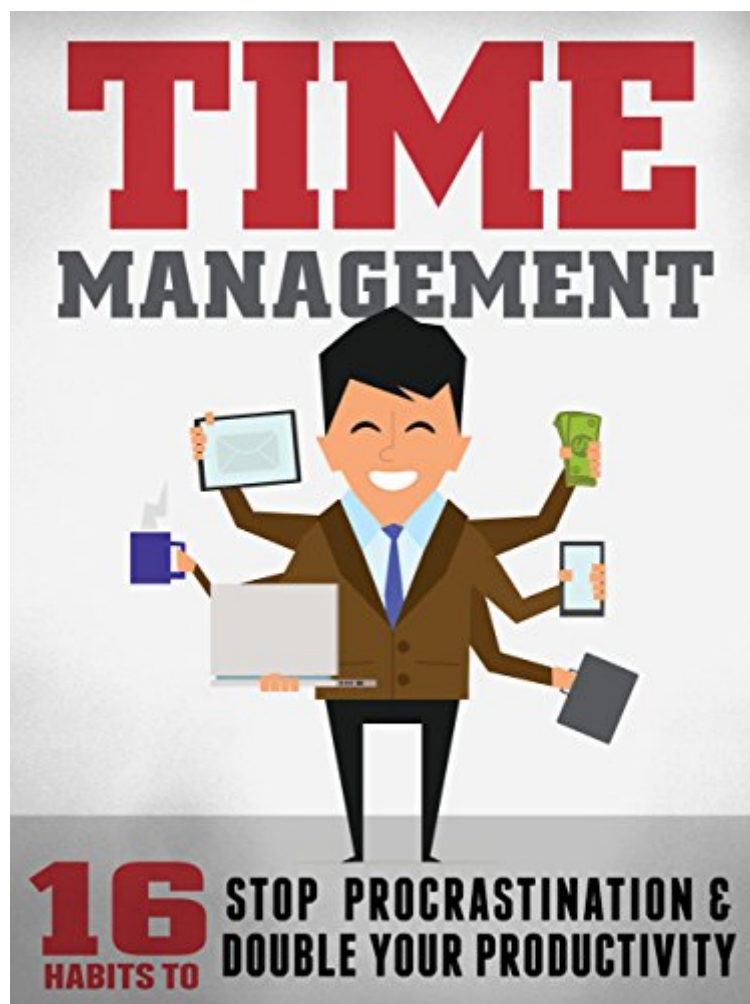


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Time Management: 16 Surefire Ways To Stop Procrastination And Double Productivity: End Procrastination And Be Productive With Time Management Skills And Tips That Work





Synopsis

Finally a Time Management Guide that makes it Simple to Stop Procrastination and Double Your Productivity!... ****AWESOME BONUS:** Your book includes an Exclusive Self Improvement Bundle available for instant download!** Are you a procrastinator? Do you get easily distracted or find it hard to avoid what you're actually supposed to do? Would like to learn how to manage your time so you get more done in less time? If so, then this book is a must read for you! I know how you feel... Some of us are just born procrastinators. Well... What if I told you that some of the most successful people in the world are chronic procrastinators too? The only difference between them and us is how they deal with procrastination. I know. You might probably laugh at me and tell me to stop being ridiculous but it's true! Success people use specific techniques and strategies (not taught in school) to crush procrastination and double productivity. If you just follow some very simple steps that I will take you through in this book - you too can double (or even triple) productivity and practically erase procrastination from your life. The Simple Self Improvement Solution | It doesn't matter whether you're an employee, a manager, a stay at home parent or a student - this book contains techniques and strategies backed up by research that will improve your time management skills and double (or even triple) your productivity. You learn how to effectively overcome procrastination, get motivated and stay motivated so you can accomplish more than you ever believed possible. This Book is NOT like the others. Time Management contains real life success stories, advice from experts and science-backed research. We include actionable steps that you can implement into your daily routine right away. Plus, we cut out the "magic formulas" and "secret tricks" that most books just copy out of bland, light-hearted, fluffy women's magazines. With this unique combination of information and actionable steps we can GUARANTEE that you stop procrastination and double productivity. By the time you finish this book you will be fully equipped to take back control of your life and to transform yourself into the best you that you can possibly be, simply by working smarter not harder. Here's some highlights of what you'll learn: The #1 Reason Why You Procrastinate Why Time Management Is So Essential Simple (But Powerful) Ways To Double Your Productivity How To Unleash Your Confidence in Seconds Productive Habits That Stick BONUS: The Most Common Mistakes And How To Avoid Them Plus, you'll get the Exclusive Simple Self Improvement Bundle - 100% FREE! With your purchase comes our Kindle Best-Selling eBook "Super Leaner: 5 Steps To Master Any Skill In 20 Hours" to help you stay committed, focused and motivated. This tool is perfect for people who just need a little push to keep them going There's More | You'll also get a FREE Audio Guide and 10-Day Action Guide that will make the learning process even easier. All you have to do is press play and

listen to the step-by-step instructions. With these guides you'll be fully equipped to make the changes to the new, healthier and happier you. NO other series offers this special bonus -This is a one of a kind gift! It's Finally Time to Take Action. Don't put it off any longer. Do yourself a huge favor and join the thousands of people getting amazing results! If you are ready! Scroll up, grab this book, and take the first steps to your Improved life now! I am looking forward to seeing you on the inside, and further connecting with you by email, twitter or my website! PS: Don't forget to grab the Exclusive Simple Self Improvement Bundle

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Customer Reviews

I think there is no single best way to get rid of procrastination. If you want to overcome procrastination, doing combos of techniques would be more effective, I think. I mean, it is not enough to make a list of things to do without actually doing it, for you to effectively implement your plans, there must be enough motivation, action, goal etc. • Time Management • gave 16 easy ways to improve your time management skills and eventually overcome procrastination. If you are experiencing time management issues and procrastination, get encouraged, motivated and

enlightened by this book. Let it show you how to get to the path of maximum productivity.

Developing time management skills is a journey. One goal is to help ourselves become aware of how we use our time as one resource in organizing. And it seems that there's really a need to have some me time. This book says it so, just like the previous advice I'm getting. With all the things that I'm dealing with, I don't have the luxury to think about myself, instead I sleep it all away because I'm always tired. Haha The only thing that I find confusing from Henry's advice is doing things half way would make good habits, because that is not the case for me. I have to do everything all at once because if I don't, chances are, I'd be lazy to finish it all up.

Some very useful tricks that I could apply. But it needs time and patience to decrease procrastination, the most important is your self.

This book is good if you've never read a time management book before. If you have, I did not see anything new.

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